

# May Newsletter 2016 Newsletter

## Our Redeemer Lutheran Church

*The Lutheran Church --- Missouri Synod*

2701 College, Quincy, IL 62301-3558

Internet: [www.OurRedeemerQuincy.org](http://www.OurRedeemerQuincy.org)

E-mail: [Secretary@OurRedeemerQuincy.org](mailto:Secretary@OurRedeemerQuincy.org)

Pastor's E-mail: [Pastor@OurRedeemerQuincy.org](mailto:Pastor@OurRedeemerQuincy.org)

Fax: (217) 223-2392

Telephone: (217) 223-1769

Eden Household: (217) 224-3929

### **To the people of God at Our Redeemer,**

The month of May is always a time of hope and change. Fields are being planted, weddings are being planned, graduations mark not just the end but the beginning of something new. This year is especially profound in the Eden house. I am not planting any fields or planning any weddings, but both of my daughters will be graduating and marking an end and a beginning within their respective journeys.

We tend to focus on the beginning or the end of a journey rather than the journey itself. The beginning is always full of such hope. The end does not always bring the success hoped for in the beginning. However, just because the end result of a project, endeavor, job, relationship, or phase of your life is not what you thought it would be when you began, this does not mean that the experience was a failure.

If you learn from the experience, if you grow, if you mature (especially if you grow or mature in your faith in God), if a friendship or relationship is refined and made stronger in the crucible of stress or difficulty, then the journey was worth it. We need to learn to enjoy the journey as we travel down the path upon which God has placed us, but we do so focused on the sure and certain end found in the resurrection of the body and life everlasting.

Fields are planted in the hope of the harvest with prayers for rain (but not too much rain). The reality is that "daily bread" is all that for which Jesus taught us to pray. Weddings are planned with the hope of living "happily ever after." The reality is that the bride and groom come before God and vow "for better or for worse, for richer or for poorer, in sickness and in health, to love and to cherish until death parts us, according to God's holy will; and I pledge to you my faithfulness."

Graduation ceremonies are filled with words of hope and promise for a bright and successful future. The reality is that, just like with planting a field or being joined together as husband and wife, there is much hard work needed and there is no guarantee of what the future will be. However, if you continue to grow and mature in the faith of your Baptism, then your life will be a success and you will live "happily ever after" because of the resurrection of the body and life everlasting.

In Christ,

*Pastor Eden*

## Who's Who at Our Redeemer

President	Chet Vahle (2nd term)	Oct. 2015 – Sept. 2016
Vice-President	Jeff Wolfmeyer (2 <sup>nd</sup> term)	Oct. 2015 – Sept. 2016
Secretary	Wanda Spohr (2 <sup>nd</sup> term)	Oct. 2015 – Sept. 2016
Treasurer	Donna Haire (1 <sup>st</sup> term)	Oct. 2015 – Sept. 2016
Financial Secretary	Evelyn McDowell (1 <sup>st</sup> term)	Oct. 2015 – Sept. 2016
Education Board	Melissa Knapp, S.S. Supt., ex officio	Appointed
	Gretchen Wolfmeyer (2 <sup>nd</sup> term)	Oct. 2015 – Sept. 2017
	Randy Wolfmeyer (1 <sup>st</sup> term)	Oct. 2014 – Sept. 2016
	Ryan Vaughn (1 <sup>st</sup> term)	Oct. 2014 – Sept. 2016
Board of Elders	Larry Foster (1 <sup>st</sup> term)	Oct. 2015 – Sept. 2017
	Darryl Drescher (1 <sup>st</sup> term)	Oct. 2015 – Sept. 2017
	Brad Essington (1 <sup>st</sup> term)	Oct. 2014 – Sept. 2016
	Stan Yelton (2 <sup>nd</sup> term)	Oct. 2014 – Sept. 2016
	Steve Schoch (1 <sup>st</sup> term)	Oct. 2015 – Sept. 2016
	<b>VOLUNTEER NEEDED</b>	
Evangelism Board	Michele Clevenger (1 <sup>st</sup> term)	Oct. 2015 – Sept. 2017
	Ruth Ann Snowden (1 <sup>st</sup> term)	Oct. 2015 – Sept. 2017
Property Board	Jeff Smith (2 <sup>nd</sup> term)	Oct. 2015 – Sept. 2017
	Steve Kaiser (1 <sup>st</sup> term)	Oct. 2015 – Sept. 2016
Stewardship Board	Larry Ehmen (2 <sup>nd</sup> term)	Oct. 2015 – Sept. 2017
	David Pellman (1 <sup>st</sup> term)	Oct. 2014 – Sept. 2016
Youth Ministry Board	<b>VOLUNTEERS NEEDED</b>	

### ***The Widow's Mite---***

Jesus sat down opposite the place where the offerings were put and watched the crowd putting their money into the temple treasury. Many rich people threw in large amounts. But a poor widow came and put in two very small copper coins, worth only a fraction of a penny. Calling his disciples to him, Jesus said, "I tell you the truth, this poor widow has put more into the treasury than all the others. They all gave out of their wealth, but she, out of her poverty, put in everything - all she had to live on".

**Mark 12:41-43 ESV**

### **UPCOMING...**

**April 30<sup>th</sup>...**Quincy Zone **Servant Event** at St. James School, 9:30 – 11:30.

**See you there!**

**May 12<sup>th</sup>...**Monthly mtg., 6:30 pm

**May 20<sup>th</sup> & 21<sup>st</sup>...**Rummage Sale

**June 23<sup>rd</sup>...**Picnic Social, 6pm

**July...**TBA Birthday Dinner outing

### **May 2016**

#### **April meeting highlights –**

Final registrations were turned in for the District Convention in Jacksonville. A last announcement was made for all to participate in the Quincy Zone Servant event to help assemble the school and personal kits for LWR and make diapers out of t-shirts to go to Haiti! We finished up with each of us creating beautiful note cards to send out to someone needing encouragement or just to say Happy Birthday!

#### **April event highlights –**

The Jacksonville District Convention and our Quincy Zone Servant Event highlights will be shared next month.

**Thinking you might like to be a part of the mission of LWML???** You are invited to check us out at one of our upcoming meetings or events! We welcome you to join us in "Serving the Lord with Gladness"!

*Lutheran Women  
in Mission*



Please contact any LWML member or Colleen Westberg at 217-223-5702 to learn more or go to **[www.lwml.org](http://www.lwml.org)** to read about the mission and great history of the LWML!

### **National Mission Grant Bulletin Bytes**

*LWML has donated over \$100 million since 1942!!!*

### **LCMS Global Seminary Initiative – International Student Scholarships...\$100,000**

The most frequent request by LCMS partner churches worldwide is for help with theological education. This grant will provide scholarships for pastors from emerging and partner church bodies to obtain advanced degrees at the two LCMS seminaries, send LCMS professors and qualified pastors to teach at regional seminaries around the world and provide scholarships for students attending in-country seminaries. This grant will also fund seminars and educational conferences.

For more information on this, and other 2015-2017 Mission Grants go to [www.lwml.org](http://www.lwml.org).

# Remembering In Our Prayers



## **REMEMBER IN PRAYER THOSE IN OUR NATION'S MILITARY SERVICES:**

Mark and Kari Adams, Mark Borg, Paul Boriack, Steve Clark, Aaron DeWerff, Michael Goodwin, Robert Goodwin, John Haines, Zach Howerton, Ryan Keller, Jason Klauser, Levi Meyer, Jeremy Schwartz, Aaron Schmitt, Ryan Thruston, Andy Tipton, Marc Troxel, Brandon VanBastian, and Charles Wheeler.

## **REMEMBER IN PRAYER THOSE WITH ONGOING HEALTH NEEDS:**

Nick Austin, Carolyn Bruemmer, Sutton Perry-Brockemeier, Sean Burner, Richard Grathwohl, Lynda Hinkamper, Lisa Howerton, Elaine Hyer, Kim Long, Meghan Meyer, Michael Morgan, Nancy Ott, Michelle Reinberg-Page, David Rickey, Cole Schullian, Kory Tournear, Jacob Weimer, Vicki Wemhoener, Jackson Wepler.



## **REMEMBER OUR SHUT-IN MEMBERS AND FRIENDS:**

Carolyn Bruemmer, Ralph Genenbacher, Mary Hurley, Cleada Mason, Marilyn Newman, Nancy Ott, Anna Mae Parsons, Dolly Powers, Don Sass, Joyce Southward, Ida Utterback, Robert Wemhoener, Lucille Wiskirchen.

## **Keep Our Missionaries in Your Prayers**

Apple of His Eye Mission Society

The Evangelical Lutheran Church in Latvia

The Lutheran Church of the Redeemer, Harlow, Essex, U.K.

The Independent Evangelical Lutheran Church in Germany

Mrs. Alvina Federwitz in Liberia, West Africa

Jonathan and Carrie Federwitz and their children in Papua New Guinea

Danny and Becca DeLoach and their children, 8001 Hope Lane, Waxhaw, NC 28173

Mrs. Julie Lutz, home on furlough

Rev. Peter Kolb in Sri Lanka

## **Our Seminary Students**

Concordia Theological Seminary, Saint Louis, MO:

Chris Troxel, 12 Founders Way Unit D, Saint Louis, MO 63105

Concordia Theological Seminary, Saint Louis, MO:

Jeremiah Jording, 10 Founders Way, Apt A, Saint Louis, MO 63105



## **Our Mission**

To the glory of God we are SHARING Our Redeemer by ...

CARING for one another in Christian love and compassion

ENCOURAGING growth and outreach through worship and Bible study

## **Sunday School Staff**

Superintendent – Melissa Knapp

Pre-school – Gina Eickelschulte, Jessica Campbell

Kindergarten – Suzanne Troxel

Grades 1 & 2 – Monica Foster

Grades 3 & 4 – Sandy Callahan

Grades 5 & 6 - Donna Haire

Grades 7 & 8 – Karol Ehmen

High School – Gretchen Wolfmeyer

## Upcoming Events

**Ann Brackensick** will celebrate her **100<sup>th</sup> birthday on May 1<sup>st</sup>**. Please send her cards & well wishes for her upcoming birthday. Everyone may send to her attention Good Samaritan Home, 2130 Harrison, Eber Gardens 504W, Quincy, IL 62301.

### **CONCERT FOR LIFE: Sunday, May 1, St. James Lutheran Church at 6:00 PM**

Ring in spring with Ralph Fairchild and the Fairchild Family Singers, featuring Ralph's father, Russ, and his sisters, Liz McReynolds and Amy Walker. Please join fellow pro-life supporters for a wonderful evening of uplifting, inspiring music. No admission but a free-will offering will be taken. Sponsored by the Right to Life of Adams County.

**C.I.D. Scholarship Sunday is May 1<sup>st</sup>**. Twenty-six undergraduates and ten seminarians, all from our Central Illinois District, are in great financial need of gifts to continue their studies. Please make a generous gift on May 1<sup>st</sup> using an envelope provided by the congregation, or mail your gift to: Scholarship Sunday Gift

Central Illinois District LC-MS  
1850 N. Grand Avenue West  
Springfield, IL 62702-1626

Please make checks payable to "Central Illinois District Scholarship Fund," or to "CID Scholarship Endowment Fund". Thank you for your support!

**Next Senior Singles Lunch is May 3, 11:30 AM** at Fiddlesticks in Hannibal, Mo. on Hwy 36. Meet at church at 11 AM to carpool. Sign-up in Narthex.

### **LWML Rummage Sale is Friday, May 20<sup>th</sup> from 4-7 PM & Saturday, May 21<sup>st</sup> from 8-2.**

Doing your Spring cleaning? We need all your clean, wearable clothing and all other items you wish to donate. (No TVs or computers). All money raised will be used for LWML mission projects. This is a great way to get rid of items you no longer use or items you no longer need. All donations are greatly appreciated. You can start bringing items now and drop them off in the Nursery downstairs (by the elevator behind the Sunday School opening room). If you need to have items picked up, please call Mary Morse 217-656-3661 or 217-257-3250. Any large furniture should be dropped off after church on May 15. **All items must be dropped off on or before May 17<sup>th</sup>**. Your support last year made it possible for us to fund many missions.

**Family tree leaders** are invited to the Elders meeting on Wednesday **May 18, at 6:00 PM** to further explain and organize the family tree project.

**"Barnyard Roundup" Vacation Bible School is June 6-9 and we need your help!** The VBS volunteer sign-up sheet is in the Narthex.

**Single Adults: Plan on a weekend of food, fellowship, & fun!** Lutherans Singles Association is holding their Conference at Bethel Lutheran Church, in Morton, IL on **June 24-26, 2016**.

**Registration is Open for *Vocatio*** Concordia Seminary, St. Louis is hosting their program for high school students (grades 9-12 for Fall 2016). The dates are **June 25-30, 2016**. This six-day program is designed to encourage and equip young men and women to consider their vocation as Christians. This event includes a Concordia University System college fair, presentations, servant event in Perry County, and more. <http://www.csl.edu/admissions/visit-us/visitation-events/vocatio/>

**Save the Date: Tuesday, Sept. 20<sup>th</sup>**. ORLC's LWML is hosting Quincy Zone Fall Rally this year.

## Available Bible Studies

**An Evening Women's Bible Study** meets at the church on **Mondays at 5:30 PM**. This hour long study is using Beth Moore's "Living Beyond Yourself: Exploring the Fruit of the Spirit" study.

**Tuesday Women's Bible Study** meets at the church on **Tuesdays, at 9:30 AM** and are using Beth Moore's "Breaking Free: Captivity" series

**Wednesdays at church with Pastor** at 1 PM

**Thursdays** at 6:45 AM at Coach House.

**Women's Bible Study the last Thursday of the Month** at Donna Troxel's at 2823 Payson Heights, in Quincy.

## Volunteer Opportunities

**Youth Group Leader Needed** Looking for someone willing to lead our Youth Group. Please see Pastor or our Church President for more information.

**Welcome Committee Needed** Looking for friendly ORLC members to help follow up with new visitors and families that may need our help. Please contact Pastor Eden for more information.

**American Heritage Girls Needs Volunteers** for meetings 3 times a month to help with snacks, crafts, and working on badges. Please contact Tina Vaughn or Gretchen Wolfmeyer to help.

**SCHOOL ENROLLMENT** has begun at St. James. If you know of anyone who would be interested in a quality Christian school, please let them know about St. James Lutheran School. Principal L. would welcome the opportunity to speak with prospective families.

**TEACHER SEARCH** – With the announcement of Mrs. Strackeljahn's retirement, the board is looking for names of qualified people who may be interested in teaching at St. James. Please contact a board member or Principal Landskroener if you know of someone who might be interested in a first grade position for the 2016-2017 school year.

**Camp CILCA will hold its annual Hog Roast** on Sunday, May 29. The menu includes pulled pork sandwiches, coleslaw, baked beans, and desserts. The day begins with worship at 10:30am. Lunch is served from 11:30 - 2:30. Adults are \$8, children ages 4-12 are \$5, children 3 and under are free. Join us for a weekend of camping, swimming, campfire devotions, and more. Check out cilca.org for more information.

#### **THRIVENT OFFICE PROFESSIONAL NEEDED**

**Organization/Business:** Josh Schenk, financial representative

**Position Title:** Office Assistant

**Reports to Title:** Josh Schenk, the financial representative

**Location of Position:** Quincy, IL

**Hours:** Initially looking at 5-10 hours a week with potential to increase hours as business grows. Some flexibility in when the hours would be needed through the week.

**Compensation:** This would be a 1099 income position with no benefits. Pay range would depend on experience.

#### **Organization/Business Overview:**

Josh is an independent financial services practice of Thrivent Financial. We take a broad-based approach to helping our members/customers achieve multiple financial goals. Josh helps our members analyze their current situation, develop in-depth financial programs, and help them implement an integrated financial strategy.

Thrivent Financial is a faith-based, not-for-profit financial services organization with approximately 2.6 million members. As the nation's largest fraternal benefit society, we're here solely to help others. We help every day through the financial solutions we offer, the member activities we support, and the resources we provide to the Christian community and nonprofit organizations.

#### **Position summary:**

This position provides administrative support to Joshua Schenk. This role is critical to our member experience and requires a friendly, upbeat demeanor. The incumbent supports the daily operations of the practice, including, but not limited to: ordering supplies, utilizing Thrivent Financial computer systems and programs in support of client relations, and other administrative tasks as assigned. The Office Professional reports to and is employed by Joshua Schenk

#### **Position Roles/Responsibilities/Accountabilities**

- Performs routine administrative duties such as maintaining office supplies
- Prepares or coordinates the preparation of routine correspondence, reports, and special projects typically of a routine nature
- Supports projects, administration of various programs, and processing functions as needed
- Update the contact management system with client/member contact and preference information
- Assist Financial representatives in the preparation and follow up for the client/member meetings
- Tracks practice expenses and oversees the practice bill paying
- Provides back-up support on tasks that do not require any type of licensing or registration for other staff members, as needed
- Participates in the business planning process
- Completes other miscellaneous tasks as assigned

As part of Josh's recruiting/hiring/contracting process, a verification of a candidate's background will be made to complete the hiring/contracting process. In addition, fingerprints will be taken for submission to the Federal Bureau of Investigation for review against nationwide fingerprint records.

**May Puzzle Page Answer (puzzle found on page 11)**

**We trust in the living God, who is the Saviour of all men. I Tim. 4:10**



## Miscellaneous Constant Information

**Newsletter Deadline** – All newsletter submissions must be sent in **no later than the 20<sup>th</sup> of each month**. Newsletters must be mailed out on or before the 25<sup>th</sup> of each month to ensure they are received in time for everyone to use.

**Calendar Deadline** is also the **20<sup>th</sup> of the month prior** since it is always enclosed with the Newsletter. If you see an error or need to change a date for an event, please contact the church office. Our weekly calendar is always based on the calendar sent with the newsletter, so please let us know if there are any changes right away.

**GREETING CARDS** (sponsored by the PLuS group) Be sure to check out the variety of assorted greeting cards. Cards are \$ .50.

**PLEASE SAVE LABELS - Please continue to** save HyVee UPCs, General Mills Box Tops, Campbell's products "point" labels, and Tyson A+ labels. Place them in your child's classroom container or give them to Madeline Hagemann or put them on the white drawer marked "labels" in St. James' narthex or by the secretary's office @ ORLC Thank you!

### Drawer Cart by the Office Steps

*Top Drawer:* Campbell's labels & General Mills box tops for education, HyVee UPCs, & Tyson A+ labels. They benefit the St. James school library. They can't use the Betty Crocker or the Kool-Aid points though. Thanks!

*2<sup>nd</sup> Drawer:* For any type used greeting card fronts. Good Samaritan home uses them to make things.

*3<sup>rd</sup> Drawer:* For cancelled stamps for missions. They must be complete stamps.



**Rada Cutlery** is an on-going fundraiser. Rada as a variety of, products: cutlery, stone-ware soy wax candles, and quick mixes. We have started taking orders for our next RADA order. Once we

have \$60 in orders, we will place the order. So, if you don't see some-thing in our many "in stock" items, go ahead and fill out an order form with payment. Please **visit the Rada display in the old chapel. You may leave a completed Rada order form with pay-ment at the scrip table.** Thank you for your support of PLuS!

**Church Office Hours** are Monday through Friday from 8:30 AM to 5 PM with time out for lunch between 12 and 1. Staff may be in the office before or after these hours, but please call before stopping in so that we can have items ready for you (keys, sermon copies, envelopes, etc.) and can do our best to help you when you arrive.

**Concordia Food Bank** If anyone is interested in mailing coupons to the Seminary Food Bank, the address is: Concordia Food Bank, 801 Seminary Place, St. Louis, MO 63105.

### Attention Parents of College Students:

If your child is away at college, please let the church know their new address and/or email as soon as you get it. We would like to nurture those relationships, pray for them, and help to keep them informed.

### Want to Go Paperless?

We would be happy to email you any church correspondence and newsletters if that is the option you prefer. Contact the church office, write your email on the bottom of your attendance card, or email [secretary@ourredeemerquincy.org](mailto:secretary@ourredeemerquincy.org).



Lutheran Child and Family Services of Illinois



Lutheran Child and Family Services of Illinois' professional licensed counselors can help with any problem. They provide individual, couple, marital and family counseling to help address all types of situations. Insurance is accepted. Call 800-363-LCFS (5237) to schedule a FREE confidential initial consultation.

**Considering adoption?** Lifelink International Adoption (a ministry of Lutheran Child and Family Services of Illinois, LCFS) is seeking families interested in adopting from Korea. We're receiving child referrals again after a temporary break and have a limited number of families on our waiting list. Our South Korean program is one of our most enduring (twenty-nine years) and reliable. Learn more about Lifelink's adoption programs at [www.lifelinkadoption.org](http://www.lifelinkadoption.org) or contact us at 630-521-8281 or [intadopt@lifelinkadoption.org](mailto:intadopt@lifelinkadoption.org). Lifelink International Adoption is a program of Lutheran Child and Family Services of Illinois.

## May Birthdays

1	Ann Brackensick	11	Melanie Stegeman	22	Eric Fischer
1	Paul Clevenger	14	Kayla Walker	22	Carolyn Kaiser
1	Keagan Mercurio	15	Jessica Dedert-Huebner	23	Lily Kuhn
1	Simon Nickelson	15	Linda Hardy	23	Bradley Longcor III
2	Thomas Killday	15	Hadley Harvey	25	Sandra Callahan
3	Thalia Wolfmeyer	15	Chaz Robertson	26	Gretta Otto
4	Quinton Hibbert	16	Jason Morse	27	David Bent
7	Tracy Bugh	17	Peggy Wiesemann	27	Dylan Martin
7	Barbara Vahle	18	Shanelle Douglas	28	Stacey Gruen
8	Michael Vahle	19	Noah Ohnemus	28	Todd Waterkotte
9	Terry Lannerd	19	Ryan Vaughn	29	Nicholas Allen
9	Hugh Sharrow	19	Michelle Wolfmeyer	30	Melanie Drescher
9	Wanda Spohr	21	Michele Clevenger	30	Taylor Frink
9	Nerissa Vahle	21	Joseph Sharrow	31	Arianna Fischer
9	Lynn Wombles	22	Leslie Bent	31	Alischia Langan

## May Baptisms

1	Ann Nickelson	13	Will Glines	23	Ricky Goertz
1	Laurn Sharrow	14	Anna Ehmen	24	Morgan Hurley
2	Abigail Kemp	14	Anderson Knapp	24	Bill Perry
2	Hannah Kemp	14	Savannah O'Dell	24	Emma Showman
2	Wade Pellman	15	Thalia Wolfmeyer	24	Katie Voepel
3	David Drescher	16	John Dicks	25	Obediah Church
4	Mary Morse	16	Mary Hurley	25	Hadley Harvey
5	Phillip Weisheit	16	Joseph Ott	25	Terry Morse
6	Aaron Boerema	16	Brenda Scharnhorst	25	Olivia Showman
7	Debbie Manton	18	Shanelle Douglas	26	Laura Essington
8	Glenna Nicholson	19	Keagan Mercurio	26	Craig Gooding
9	Amanda Zehnle	19	Joseph Ohnemus	27	LeRoy Goodwin
10	Lennox Hines	19	Connor Ott	31	Amy Edwards
10	Josh Jefferson	19	Derek Ott	31	Linda Hardy
12	Morgan Frohn	22	Thomas Killday	31	Wanda Spohr
12	Sonny Voepel				

## May Anniversaries

3	Mark & Janice Voepel
5	David & Leslie Bent
7	Trevor & Heather Feinstein
11	Brent & Linda Wingerter
14	Darrell & Dorothea Drescher



21	Dustin & Jennifer Tournear
27	Michael & Jane Douglas
28	LeRoy & Donna Goodwin
29	Jeff & Lucinda Klingeles



# Pastoral Report

(March 1 – March 31, 2016)

## Official Acts

### Baptisms

Connor Jeffrey Smith – March 12, 2016

### First Communion

### Adult Confirmation

### Youth Confirmations

### Marriages

### Funerals

LaVora Scoggan – March 18, 2016

## Membership Changes

### Gains [+2B, +4C]

#### Baptisms [+1B, +0C]

Connor Jeffrey Smith – March 12, 2016

#### Adult Confirmations [+0B, +0C]

#### Youth Confirmations [+0B, +3C]

Madeline Riley Ehmen – March 20, 2016

Julianna Ray Eden – March 20, 2016

Alayna Kay Schlipman – March 20, 2016

#### Transfers In [+1B, +1C]

Denice O'Rourke – March 13, 2016

from Our Savior Lutheran Church, Carbondale, IL

#### Profession of Faith (from other Lutheran) [+0B, +0C]

### Losses [-1B, -1C]

#### Death [-1B, -1C]

LaVora Scoggan – March 14, 2016

#### Transfers Out [-0B, -0C]

#### Requested Removal [-0B, -0C]

### Statistical Adjustment [+/-0B, +/-0C]

Membership	January 1, 2016	Gains	Losses	March 31, 2016
Baptized	575	+3	-9	569
Confirmed	440	+4	-6	438

## Assignments for May 2016

### Communion Assistants:

Sunday, May 1 at 9:00 a.m.	Steve Schoch	Randy Wolfmeyer
Saturday, May 7 at 5:00 p.m.	Joe Cleaves	
Sunday, May 8 at 9:00 a.m.	Larry Foster	Jerry Lunt
Saturday, May 14 at 5:00 p.m.	Joe Cleaves	
Sunday, May 15 at 9:00 a.m.	Larry Ehmen	Gary Hyer
Saturday, May 21 at 5:00 p.m.	Joe Cleaves	
Sunday, May 22 at 9:00 a.m.	Brad Ehmen	Brad Essington
Saturday, May 28 at 5:00 p.m.	Joe Cleaves	
Sunday, May 29 at 9:00 a.m.	Steve Kaiser	Randy Wolfmeyer

### Ushers:

Saturdays at 5:00 PM	Rob Edwards
Sundays at 9:00 AM	Steve Hyer, Gary O'Dell, Nathan Hoebing, Mike Murphy, Allan Murphy

**Registration Slips:** Shirley Foster

**Altar Care:** Wanda Spohr, Marty Otto, Anita Wolfmeyer, Gretchen Wolfmeyer

**Counters:** Missy Simminger & Larry Ehmen

**Drivers:** Steve Hyer, Jerry Manton, Wanda Spohr, Ryan Vaughn

If you wish to help in one of these areas, please contact the church office at 217-223-1769 or by email [Secretary@OurRedeemerQuincy.org](mailto:Secretary@OurRedeemerQuincy.org)

## January –March 2016 Profit & Loss Budget vs. Actual

<b>Income</b>	<u>Jan – Mar 16</u>	<u>Budget</u>	<u>\$ Over Budget</u>	<u>% of Budget</u>
001 · 001 General Offerings	72,090.97	73,500.00	-1,409.03	98.1%
002 · 002 Together in Mission	2,030.00	1,933.02	96.98	105.0%
003 · 003 Loose Plate	1,055.22	1,500.00	-444.78	70.3%
008 · 008 PLuS Fund-Raising	0.00	750.00	-750.00	0.0%
011 · 011 General Fund Interest	0.91	12.48	-11.57	7.3%
019 · 019 ORLC Scrip Fund	<u>0.00</u>	<u>1,750.02</u>	<u>-1,750.02</u>	<u>0.0%</u>
<b>Total Income</b>	<b>78,581.60</b>	<b>79,445.52</b>	<b>-863.92</b>	<b>98.9%</b>
<b>Expense</b>				
Mission	6,433.00	6,183.00	250.00	104.0%
Personnel	46,106.35	46,114.02	-7.67	100.0%
Program	27,305.84	34,619.44	-7,313.26	78.9%
Property	<u>5,839.94</u>	<u>8,692.56</u>	<u>-2,852.50</u>	<u>67.2%</u>
<b>Total Expense</b>	<b>86,451.97</b>	<b>95,608.56</b>	<b>-9,156.59</b>	<b>90.4%</b>
<b>Net Income</b>	<b>-7,870.37</b>	<b>-16,163.04</b>	<b>8,292.67</b>	<b>48.7%</b>

# PUZZLE PAGE

## WHY

by

Bill Schlegl

Why do we trust in God?

(A = 1, E = 5, I = 9, O = 15, U = 21)

$\overline{23} \overline{05}$        $\overline{20} \overline{18} \overline{21} \overline{19} \overline{20}$        $\overline{09} \overline{14}$        $\overline{20} \overline{08} \overline{05}$

$\overline{12} \overline{09} \overline{22} \overline{19} \overline{14} \overline{07}$        $\overline{07} \overline{15} \overline{04}$ ,       $\overline{23} \overline{08} \overline{15}$        $\overline{09} \overline{19}$

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(Answer found on Page 6)



## LCFS Clinical

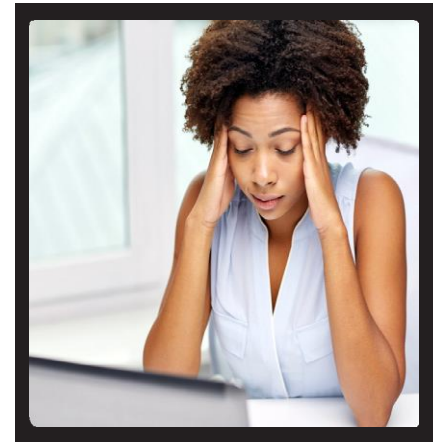
## Stress

May 2016

Stress is in every aspect of our lives. Sometimes when we are stressed, we may hear someone say, “It’s all in your head.” Research has shown that it is not all in our heads. In fact, if stress is left untreated it can create life-threatening problems such as diabetes, cancer, heart disease, depression and a whole host of other assaults upon our bodies. It’s estimated that as many as 90% of all doctor appointments are the result of stress. **So what is this thing called stress?**

Stress is any change that requires us to adapt. It is the wear and tear our bodies go through to adapt to those changes. Stress can come from a good change in life such as a wedding or a child’s birth. Stress is often more recognizable in negative things that happen, such as the loss of a job, an accident or a death. Stress is a very normal part of our daily lives. What is critical is our reaction to that stress, which will determine how much of a negative effect it will have on our bodies.

So how do we identify stress and evaluate how we are managing it? If you experience any of the following symptoms, it may be a sign that you’re suffering from being overly stressed. Anxiety, being tired after a night’s sleep, changes in appetite, headaches, stomach aches and ulcers are just some of the problems that might signify that you are stressed. It is important to pay attention to what you do with this information so that stress does not damage your body.



Next, educate yourself about stress. There are a number of resources available dealing with this topic. Take time to put into practice things you can do to reduce stress such as eat healthy, listen to soft music, exercise, share your thoughts and feelings with your spouse or a trusted friend and keep your surroundings comfortable. Remember to take deep breaths rather than fast, shallow ones. **The key: Find what works best for you and do it regularly.**

**You and your family do not have to struggle alone. LCFS counselors help families generate hope and cope with life’s challenges. Most insurance plans accepted; sliding-scale fees are available on a case-by-case basis. For more information or to schedule an appointment, contact us at [lcfs\\_info@lcfs.org](mailto:lcfs_info@lcfs.org) or 800-363-LCFS (5237).**

**Discover LCFS and the services we offer at [www.lcfs.org](http://www.lcfs.org) and [www.facebook.com/LCFSIL](https://www.facebook.com/LCFSIL).**

### LCFS offers counseling at the following locations:

#### Northern Illinois

*Crown Point* at Immanuel Lutheran Church, Belvidere  
Grace Lutheran School, River Forest

#### Central Illinois

Trinity Lutheran School, Bloomington  
LCFS office, Decatur  
LCFS office, Springfield

#### Southern Illinois LCFS

office, Belleville LCFS  
office, Mt. Vernon LCFS  
office, Sparta

**To schedule a first-time appointment,  
call 800-363-LCFS (5237) or  
visit [www.lcfs.org](http://www.lcfs.org) for additional information.**