

# January 2016 Newsletter

## Our Redeemer Lutheran Church

*The Lutheran Church --- Missouri Synod*

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### **To the people of God at Our Redeemer,**

Each January as we hang the new calendar on the wall, we have a heightened reality that time is moving forward. I have always been fascinated by the dimension of life we call time. One of the many reasons I long for Jesus to return is that we will never again be concerned about time or the passing of years.

When I got my first transistor radio and could listen to something other than my parent's Statler Brothers 8-track tapes, one of the first songs I can remember really catching my attention was "Time" by Pink Floyd. It is not a happy song. The words are actually really depressing. The best secular music tends to offer a great diagnosis of the disease of sin. We only find the cure when we look to Christ. This entire song is about the wasted years of waiting around to get started on life. In the first verse the accusation is made, "Ticking away the moments that make up a dull day. You fritter and waste the hours in an offhand way."

Roger Waters, who wrote the song, was focusing solely on the missed opportunities and wasted years of someone not participating in life. However, the pastor in me sees this as having Christ-centered implications also. We "fritter and waste the hours" which could be used in productive devotion to God – Sunday morning worship, devotions with the family, working to help a neighbor in need, etc.

The second verse says, "You are young and life is long and there is time to kill today. And then one day you find ten years have got behind you. No one told you when to run, you missed the starting gun."

Again, the message of the songwriter is for you to get going with your life, but the pastor in me sees this having Kingdom of God application. "You are young and life is long" so the temptation is to put off being serious about time devoted to God. "And then one day you find ten years have got behind you" and not only you but your children have become conditioned to treat God and His Means of Grace (Word and Sacraments) as an afterthought.

The rest of the song focuses on the vain attempt to catch up and make up for the lost and wasted years, but the reality is "Every year is getting shorter never seem to find the time" as you are "Shorter of breath and one day closer to death." As I said, this is not an uplifting song and it ends with the "tolling of an iron bell" (announcing a funeral).

The point of all this is that time is a most precious commodity. We are starting a New Year. The New Year is a celebration of starting over. One of the many blessings of being a forgiven child of God is that we have the opportunity to start over. Even if you have wasted the last "ten years" of your life, Jesus came to make all things new. It is the reality of life after Baptism. As Luther says, "the Old Adam in us should by daily contrition and repentance be drowned and die with all sins and evil desires, and that a new man should daily emerge and arise to live before God in righteousness and purity forever."

Living under the grace of your Baptism means you are starting over new and fresh each day. Every day is a gift from God. Participate in the new life you have in Christ. I pray no one feels as if "ten years have got behind you," but if they have, now is the time to start over and "emerge and arise to live before God in righteousness and purity forever."

In Christ,  
*Pastor Eden*

## Who's Who at Our Redeemer

|                      |   |                        |
|----------------------|---|------------------------|
| President            | Chet Vahle (2 <sup>nd</sup> term)         | Oct. 2015 – Sept. 2016 |
| Vice-President       | Jeff Wolfmeyer (2 <sup>nd</sup> term)     | Oct. 2015 – Sept. 2016 |
| Secretary            | Wanda Spohr (2 <sup>nd</sup> term)        | Oct. 2015 – Sept. 2016 |
| Treasurer            | Donna Haire (1 <sup>st</sup> term)        | Oct. 2015 – Sept. 2016 |
| Financial Secretary  | Evelyn McDowell (1 <sup>st</sup> term)    | Oct. 2015 – Sept. 2016 |
|                      |   |                        |
| Education Board      | Melissa Knapp, S.S. Supt., ex officio     | Appointed              |
|                      | Gretchen Wolfmeyer (2 <sup>nd</sup> term) | Oct. 2015 – Sept. 2017 |
|                      | Randy Wolfmeyer (1 <sup>st</sup> term)    | Oct. 2014 – Sept. 2016 |
|                      | Ryan Vaughn (1 <sup>st</sup> term)        | Oct. 2014 – Sept. 2016 |
|                      |   |                        |
| Board of Elders      | Larry Foster (1 <sup>st</sup> term)       | Oct. 2015 – Sept. 2017 |
|                      | Darryl Drescher (1 <sup>st</sup> term)    | Oct. 2015 – Sept. 2017 |
|                      | Brad Essington (1 <sup>st</sup> term)     | Oct. 2014 – Sept. 2016 |
|                      | Stan Yelton (2 <sup>nd</sup> term)        | Oct. 2014 – Sept. 2016 |
|                      | Steve Schoch (1 <sup>st</sup> term)       | Oct. 2015 – Sept. 2016 |
|                      | <b>VOLUNTEER NEEDED</b>                   |                        |
|                      |   |                        |
| Evangelism Board     | Michele Clevenger (1 <sup>st</sup> term)  | Oct. 2015 – Sept. 2017 |
|                      | Ruth Ann Snowden (1 <sup>st</sup> term)   | Oct. 2015 – Sept. 2017 |
|                      |   |                        |
| Property Board       | Jeff Smith (2 <sup>nd</sup> term)         | Oct. 2015 – Sept. 2017 |
|                      | Steve Kaiser (1 <sup>st</sup> term)       | Oct. 2015 – Sept. 2016 |
|                      |   |                        |
| Stewardship Board    | Larry Ehmen (2 <sup>nd</sup> term)        | Oct. 2015 – Sept. 2017 |
|                      | David Pellman (1 <sup>st</sup> term)      | Oct. 2014 – Sept. 2016 |
|                      |   |                        |
| Youth Ministry Board | <b>VOLUNTEERS NEEDED</b>                  |                        |

### ***The Widow's Mite---***

Jesus sat down opposite the place where the offerings were put and watched the crowd putting their money into the temple treasury. Many rich people threw in large amounts. But a poor widow came and put in two very small copper coins, worth only a fraction of a penny. Calling his disciples to him, Jesus said, "I tell you the truth, this poor widow has put more into the treasury than all the others. They all gave out of their wealth, but she, out of her poverty, put in everything - all she had to live on".

**Mark 12:41-43 ESV**

### **UPCOMING...**

#### **2016**

**Jan. 7<sup>th</sup>...**Monthly  
mtg., 6:30 pm

**Feb. 4<sup>th</sup>...**Monthly  
mtg., 6:30 pm

**Apr. 22<sup>nd</sup> &  
23<sup>rd</sup>...**CID District  
Convention,  
Jacksonville

**MARK YOUR  
CALENDARS!!!**



### **January 2016**

#### **Dec. meeting highlights –**

We closed out the year with our annual Christmas Party!

Thanks to Barb, Joann and Connie for pulling it all together! Praise God for the blessings he has showered upon the LWML this year, so that we in turn can pass those blessings along! Also, we elected a new LWML President for '16 – '17, Colleen Westberg!

#### **Dec. event highlights –**

The newsletter went to print last month before we held our Preparing our Hearts Advent event..a big thank you to Ruth E., Betty and Sharon for chairing the event and to all who hosted tables and attended!

**Thinking you might like to be a part of the mission of LWML???** You are invited to check us out at one of our upcoming meetings or events!

**We welcome you to join us in "Serving the Lord with Gladness"** with your many gifts, talents and resources!

## *Lutheran Women in Mission*



*We are committed to helping LWML make an impact on the next generation.*

*We are dedicated to sharing our hearts for Jesus Christ, caring for our sisters in our community and congregation, and helping them use their gifts to serve the Lord.*

*We are glad to be a part of LWML, and this year we will invite the women in our lives to consider learning more about LWML with us.*

Please contact any LWML member or Colleen Westberg at 217-**224-7881** to learn more or go to **[www.lwml.org](http://www.lwml.org)** to read about the mission and great history of the LWML!

### **National Mission Grant Bulletin Bytes**

*LWML has donated over \$100 million since 1942!!!*

#### **Redeeming Life Maternity Home...\$100,000**

Redeeming Life Maternity Home (RLMH) is making a positive difference in the lives of single mothers who want to provide a bright future for themselves and their children. Single mothers, choosing life for their babies, are provided with housing, and work toward finishing their education or gaining job skills. They grow in parenting, career, and life skills. Their faith is nurtured as they find forgiveness in the love of Christ, rather than the judgement and shame they often experience. Visit their web site at **[www.rlom.org](http://www.rlom.org)** or learn more about all the 2015-2017 Mission Grants at **[www.lwml.org](http://www.lwml.org)**.

# Remembering In Our Prayers



## REMEMBER IN PRAYER THOSE IN OUR NATION'S MILITARY SERVICES:

Mark and Kari Adams, Mark Borg, Paul Boriack, Steve Clark, Aaron DeWerff, Michael Goodwin, Robert Goodwin, John Haines, Zach Howerton, Ryan Keller, Jason Klauser, Levi Meyer, Jeremy Myers, Jeremy Schwartz, Aaron Schmitt, Ryan Thruston, Andy Tipton, Marc Troxel, Brandon VanBastian, and Charles Wheeler.

## REMEMBER IN PRAYER THOSE WITH ONGOING HEALTH NEEDS:

Nick Austin, Carolyn Bruemmer, Sutton Perry-Brockemeier, Sean Burner, Richard Grathwohl, Lynda Hinkamper, Lisa Howerton, Elaine Hyer, Kim Long, Meghan Meyer, Michael Morgan, Nancy Ott, Michelle Reinberg-Page, David Rickey, Cole Schullian, Kory Tournear, Jacob Weimer, Vicki Wemhoener, Jackson Wepler.



## REMEMBER OUR SHUT-IN MEMBERS AND FRIENDS:

Elizabeth Barton, Carolyn Bruemmer, Doreetha Elliott, Ralph Genenbacher, Mary Hurley, Cleada Mason, Marilyn Newman, Nancy Ott, Anna Mae Parsons, Don Sass, LaVora Scoggan, Joyce Southward, Ida Utterback, Robert Wemhoener, Lucille Wiskirchen.

## Keep Our Missionaries in Your Prayers

Apple of His Eye Mission Society

The Evangelical Lutheran Church in Latvia

The Lutheran Church of the Redeemer, Harlow, Essex, U.K.

The Independent Evangelical Lutheran Church in Germany

Mrs. Alvina Federwitz in Liberia, West Africa

Jonathan and Carrie Federwitz and their children in Papua New Guinea

Danny and Becca DeLoach and their children, 8001 Hope Lane, Waxhaw, NC 28173

Mrs. Julie Lutz, home on furlough

Rev. Peter Kolb in Sri Lanka

## Our Seminary Students



Concordia Theological Seminary, Saint Louis, MO:

Chris Troxel, 12 Founders Way Unit D, Saint Louis, MO 63105



Concordia Theological Seminary, Saint Louis, MO:

Jeremiah Jording, 10 Founders Way, Apt A, Saint Louis, MO 63105

## Our Mission

To the glory of God we are SHARING Our Redeemer by ...

CARING for one another in Christian love and compassion

ENCOURAGING growth and outreach through worship and Bible study

## Sunday School Staff

Superintendent – Melissa Knapp

Pre-school – Gina Eickelschulte, Jessica Campbell

Kindergarten – Suzanne Troxel

Grades 1 & 2 – Monica Foster

Grades 3 & 4 – Sandy Callahan

Grades 5 & 6 - Donna Haire

Grades 7 & 8 – Karol Ehmen

High School – Gretchen Wolfmeyer

## Upcoming Events

### **SOCK, HAT, and MITTEN tree:**



is sponsoring a collection of socks, hats, mittens, and sweatpants (small, medium, and large) for the children of Quincy. Items will be given to an area elementary school for them to distribute

to children in need of those items. Sunday School offerings for December will also be used to purchase additional needed items. Thank you for your donations! The collection of items will continue through Epiphany. (**January 6<sup>th</sup>**)

### **In Honor of Pastor Rempfer's Retirement**

you are invited to an Open House for him at the Quality Inn & Suites, Grand Ballroom, 201 S. 3<sup>rd</sup> St. on **January 9, 2016** from 2-4 p.m.

**Next Voters Assembly** is set for **Sunday, January 24, 2016**, at **11 AM**.

**LEAP Pancake Breakfast** at the Lutheran Church of Saint John on **Sunday, January 24<sup>th</sup>** from 7 AM to 10:30 AM will served all you can eat pancakes, sausage, and bacon with coffee and orange juice to drink. Tickets are \$5 for adults and \$3 for children and can be purchased from any LEAP member or the LCoSJ church office.

**Altar Care Brunch** will be on **February 6<sup>th</sup>**. This is for all the Altar Guild volunteers and anyone who thinks they might be interested in helping with the Altar Guild. Please join us for good fellowship and information. **We are in great need of volunteers.** Sign up on the Narthex table or call Linda Go (217-257-1022) or Sharon Reinburg (217-430-6929) to make your reservation now.

**Lenten Desserts** – The Lenten Season will soon be upon us and we are looking for groups to host Lenten Dessert nights. Dates available are **February 10<sup>th</sup>, 17<sup>th</sup>, and 24<sup>th</sup>** as well as **March 2<sup>nd</sup>, 9<sup>th</sup>, and 16<sup>th</sup>**. Please contact Renee Benedetto at 224-2098 or the church office if you are able to help out.

**Living The Light** – 2<sup>nd</sup> Annual Winter Women's Retreat is **February 26 & 27, 2016**. Please contact Malinda Eden for more information.

**LWML Rummage Sale 2016** – Please save any and all items you no longer need for our rummage sale next year. All proceeds go to missions.

## Volunteer Opportunities

**Youth Group Leader Needed** Looking for a young man or young couple willing to lead our Youth Group. Please see Pastor or our Church President for more information.

**Sunday School would like** to have some WOODEN FRAMES and WOODEN CROSSES made for the classrooms. We have some beautiful Bible Story pictures that we would like to be framed, and hung in the classrooms, Sunday School opening room, and possibly in the fellowship hall. We have a model of the wooden cross that we would like to have duplicated for each classroom. If you would like to help with this project, please contact Melissa Knapp.

**Welcome Committee Needed** Looking for friendly ORLC members to help follow up with new visitors and families that may need our help. Please contact Pastor Eden for more information.

**American Heritage Girls Needs Volunteers** for meetings 3 times a month to help with snacks, crafts, and working on badges. Please contact Tina Vaughn or Gretchen Wolfmeyer to help.

**Thrivent Action Teams** - If you are a Thrivent Financial member or have a Thrivent member in your group, you can apply for Thrivent funds to help with a fundraiser or to finance an event. You can lead a Thrivent Action Team to bring people together to coordinate an educational event, conduct a service activity, or organize a fundraiser for something you are passionate about. It's easy and fun! Apply at least 21 days prior to your event at [www.thrivent.com/actionteam](http://www.thrivent.com/actionteam). Thrivent will provide resources to help you plan the event, promotional items- including t-shirts, and a debit card loaded with \$250 of seed money. For ideas or to learn more simply visit [thrivent.com/actionteam](http://thrivent.com/actionteam) or contact Mick Goslin at 314-452-0477. Several members in our area have led Action Teams this past year and this program has helped with their fundraisers; Benefit for a Family with medical expenses, Autism support group fundraiser, and Servant event expenses, etc. Think outside the box for ways that you and Thrivent can help your church, your school, and your community. You can apply for seed money for advertising (printing, posters, etc.), and for seed money for supplies for an auction (for example), and for seed money for food that will be served at an event.



## Thank You

**Thank you** to everyone that donated baked goods and helped with the Advent Dessert Nights. It was a wonderful time for fellowship during this Christmas Season.

**Thank you Our Redeemer** for all the school supplies. Because of you we are ready for school.

Love, *Taneka & Tameka*

**Thank you so much** to the carolers for singing and to the LWML for the wonderful goodie bag.

*Olive Cook*

**Thank You** to all who called, visited or sent cards to me while I was ill. Your thoughtfulness is appreciated!

*Kitty Schuckman*

**A Big "Thank you"** to all the members who brought in items for **Our Redeemer's 75<sup>th</sup> Anniversary History Board Displays**. Some of you have told the committee to keep items and add them to the church's records for future Anniversary celebrations. If you are someone who wants items back for your personal records, please make arrangements with Gretchen in the office or Sandy Callahan to pick them up. **Thanks again** to all who took time to bring in history items for the 75<sup>th</sup> Anniversary of ORLC.

**Scrip is a powerful fundraising tool** that enables families to raise funds just by ordering gift cards from your church's scrip program to use for their everyday shopping. When they order those gift cards, they'll receive the full value of what they paid, and they'll earn an immediate rebate percentage of what they spent – typically between 3% and 15%, depending on the retailer. Scrip fundraising offers our families a way to contribute more to our church's education mission by shopping smart and using scrip to pay for their household spending. Plus, a scrip program is easier to manage than other fundraisers. Once families get started, they can just keep shopping with scrip all year round and it is so convenient!

## ST. JAMES LUTHERAN SCHOOL, QUINCY, IL

217-222-8267

**HELP NEEDED** – We are still looking for one part-time (3 hours/day, M-F) custodian, to begin immediately. If interested, please contact Principal Landskroener.

**ART WORK** you find displayed in the Narthex is from Mrs. Stark's 2<sup>nd</sup> grade class. Thank you for the opportunity for these children to share their work with you.



**2016 Calendars** are now available on the table by the 2016 offering envelopes.

**2016 Lutherans for Life Essay Contest:** For grades 6-12. Winner gets \$100 and goes on to Nationals and if you win at that level you get another \$250. See Gretchen for details if you are interested.

**Free To A Good Home** a lovely self-playing organ. If you've been meaning to add more music into your life, here's your chance. Contact the office for info.

**THY STRONG WORD on your Lutheran Radio Station Worldwide KFUE.org.** Join us as we continue our studies in the Book of Isaiah:

**Monday, January 3 ---**

Isaiah 38 "Hezekiah's Sickness and Recovery"

**Tues. Jan 4 ---** Isaiah 39 "Envoys from Babylon"

**Wednesday, January 5 ---**

Isaiah 40 "Comfort for God's People"

**Thursday, January 6 ---**

Isaiah 41 "Fear Not, For I am with You"

**Friday, January 7 ---**

Isaiah 42 "The Lord's Chosen Servant"

Monday-Friday @ 11am Central Time. Archived at [KFUE.org](http://KFUE.org). Follow us on [Facebook.com/KFUEradio](https://www.facebook.com/KFUEradio).

## January Puzzle Page Answer (puzzle found on page 11)

For God so loved the world that He gave His only begotten Son, that whosoever believeth in Him should not perish but have everlasting life. John 3:16

## Miscellaneous Constant Information

**Newsletter Deadline** – All newsletter submissions must be sent in **no later than the 20<sup>th</sup> of each month**. Newsletters must be mailed out on or before the 25<sup>th</sup> of each month to ensure they are received in time for everyone to use.

**Calendar Deadline** is also the **20<sup>th</sup> of the month prior** since it is always enclosed with the Newsletter. If you see an error or need to change a date for an event, please contact the church office. Our weekly calendar is always based on the calendar sent with the newsletter, so please let us know if there are any changes right away.

**GREETING CARDS** (sponsored by the PLuS group) Be sure to check out the variety of assorted greeting cards. Cards are \$ .50.

**PLEASE SAVE LABELS - Please continue to** save HyVee UPCs, General Mills Box Tops, Campbell's products "point" labels, and Tyson A+ labels. Place them in your child's classroom container or give them to Madeline Hagemann or put them on the white drawer marked "labels" in St. James' narthex or by the secretary's office @ ORLC Thank you!

### Drawer Cart by the Office Steps

*Top Drawer:* Campbell's labels & General Mills box tops for education, HyVee UPCs, & Tyson A+ labels. They benefit the St. James school library. They can't use the Betty Crocker or the Kool-Aid points though. Thanks!

*2<sup>nd</sup> Drawer:* For any type used greeting card fronts. Good Samaritan home uses them to make things.

*3<sup>rd</sup> Drawer:* For cancelled stamps for missions. They must be complete stamps.



**Rada Cutlery** is an on-going fundraiser. Rada as a variety of, products: cutlery, stone-ware soy wax candles, and quick mixes. We have started taking orders for our next RADA order. Once we

have \$60 in orders, we will place the order. So, if you don't see some-thing in our many "in stock" items, go ahead and fill out an order form with payment. Please **visit the Rada display in the old chapel. You may leave a completed Rada order form with pay-ment at the scrip table.** Thank you for your support of PLuS!

**Church Office Hours** are Monday through Friday from 8:30 AM to 5 PM with time out for lunch between 12 and 1. Staff may be in the office before or after these hours, but please call before stopping in so that we can have items ready for you (keys, sermon copies, envelopes, etc.) and do our best to help you when you arrive.

**Concordia Food Bank** If anyone is interested in mailing coupons to the Seminary Food Bank, the address is: Concordia Food Bank, 801 Seminary Place, St. Louis, MO 63105.

### Attention Parents of College Students:

If your child is away at college, please let the church know their new address and/or email as soon as you get it. We would like to nurture those relationships, pray for them, and help to keep them informed.

### Want to Go Paperless?

We would be happy to email you any church correspondence and newsletters if that is the option you prefer. Contact the church office, write your email on the bottom of your attendance card, or email [secretary@ourredeemerquincy.org](mailto:secretary@ourredeemerquincy.org).



Lutheran Child and Family Services of Illinois



Lutheran Child and Family Services of Illinois' professional licensed counselors can help with any problem. They provide individual, couple, marital and family counseling to help address all types of situations. Insurance is accepted. Call 800-363-LCFS (5237) to schedule a FREE confidential initial consultation.

**Considering adoption?** Lifelink International Adoption (a ministry of Lutheran Child and Family Services of Illinois, LCFS) is seeking families interested in adopting from Korea. We're receiving child referrals again after a temporary break and have a limited number of families on our waiting list. Our South Korean program is one of our most enduring (twenty-nine years) and reliable. Learn more about Lifelink's adoption programs at [www.lifelinkadoption.org](http://www.lifelinkadoption.org) or contact us at 630-521-8281 or [intadopt@lifelinkadoption.org](mailto:intadopt@lifelinkadoption.org). Lifelink International Adoption is a program of Lutheran Child and Family Services of Illinois.

## January Birthdays

|                        |                    |                       |
|------------------------|--------------------|-----------------------|
| 1 Wade Pellman         | 12 Brian Burner    | 23 Kristopher Kutcher |
| 3 Judith Burner        | 12 Brad Essington  | 24 Lynnette Carpenter |
| 3 Blake Feinstein      | 13 Hannah Mixer    | 24 Kathryn Hyer       |
| 3 Michele Urbon        | 13 Grace Vaughn    | 25 Steven Kaiser      |
| 5 Brady Essington      | 14 Norma Begeman   | 26 Donald Fink        |
| 6 Phyllis Ashby        | 14 Donna Haire     | 26 Cameron McDowell   |
| 6 Addison Buss         | 14 Melanie Zehnle  | 27 Chris Kaltenbach   |
| 6 Linda Knowles        | 15 Brett Baird     | 27 James Lucas        |
| 7 Ruth Hall            | 16 Larry Ehmen     | 27 Keith Urbon        |
| 7 Bryan Meyer          | 16 Thomas Hurley   | 28 Angela Clevenger   |
| 7 David Showman II     | 17 Lucas McElfresh | 28 Phillip Weisheit   |
| 7 Lucille Wiskirchen   | 18 Sky Fischer     | 29 Brooke Gooding     |
| 8 Madison Goertz       | 18 Kirk Vahle      | 29 Lauren Mueller     |
| 8 David Showman        | 20 Kyle Frink      | 30 Nora Schnack       |
| 9 Ava Troxel           | 21 Eldora Bowles   | 30 Mary Voepel        |
| 10 Cliff Hemmann       | 22 Jeremy Gruen    | 31 Matthew Frohn      |
| 11 Christine Clevenger | 22 Marilyn Newman  | 31 Joshua Jefferson   |

## January Baptisms

|                    |                       |                        |
|--------------------|-----------------------|------------------------|
| 1 Ann Brackensick  | 11 Lily Kuhn          | 25 Rachel Boerema      |
| 1 Stacy Luker      | 11 Ava Langan         | 25 Harrison Knapp      |
| 1 Kent Schnack     | 17 Ida Utterback      | 26 Brad Essington      |
| 1 Mary Tipton      | 18 Amie Hoebing       | 26 Valerie Spillman    |
| 1 Tim Westberg     | 18 Briana Robertson   | 28 Chris Knapp         |
| 3 Jessica Hibbert  | 18 Gage Scharnhorst   | 29 David Rickey        |
| 5 Ann Knoernschild | 19 Tory Hufendick     | 29 Eric Sass           |
| 6 Myley Longcor    | 19 Jonah Tronsgard    | 29 Warren Vahle        |
| 8 Tony Bowles      | 19 Alison Zehnle      | 29 Tara Walker-Moffitt |
| 9 Coby Klauser     | 21 Norma Begeman      | 30 Elizabeth Barton    |
| 11 Kari Adams      | 21 Lucille Wiskirchen | 30 Merinda Jones       |
| 11 Marjorie Baker  | 22 Donna White        | 30 Hannah Mixer        |
|                    | 24 James Jones III    |                        |

## January Anniversaries

- 3 Gary & Kathryn Hyer
- 3 Dustin & Ann Nickelson
- 3 Chet & Barbara Vahle
- 8 Anthony & Susan Bowles



- 15 Frank & Debbie Baird
- 21 David & Glenna Nicholson
- 30 Chaz & Briana Robertson



## Assignments for January 2016

### Communion Assistants:

|                                   |             |                 |
|-----------------------------------|-------------|-----------------|
| Saturday, January 2 at 5:00 p.m.  | Dennis Go   |                 |
| Sunday, January 3 at 9:00 a.m.    | Chris Knapp | Bob Frink       |
| Saturday, January 9 at 5:00 p.m.  | Dennis Go   |                 |
| Sunday, January 10 at 9:00 a.m.   | Terry Morse | Ryan Vaughn     |
| Saturday, January 16 at 5:00 p.m. | Dennis Go   |                 |
| Sunday, January 17 at 9:00 a.m.   | Gary Hyer   | Larry Ehmen     |
| Saturday, January 23 at 5:00 a.m. | Dennis Go   |                 |
| Sunday, January 24 at 9:00 p.m.   | Brad Ehmen  | Bad Essington   |
| Saturday, January 30 at 5:00 a.m. | Dennis Go   |                 |
| Sunday, January 31 at 9:00 p.m.   | Joe Cleaves | Randy Wolfmeyer |

### Ushers:

|                        |  |
|------------------------|--|
| Saturdays at 5:00 p.m. | Darrell Drescher   |
| Sundays at 9:00 a.m.   | Jerry Lunt, Larry Foster, Steve Kaiser, Bill Haire, Bill Schlegl |

**Registration Slips:** Cindy Spohr

**Altar Care:** Donna Schoch, Sharon Vaughn, Kim Gooding

**Counters:** Mary Lazzeri & Crista Fodor

**Drivers:** Steve Hyer, Jerry Manton, Wanda Spohr, Ruth Hall, Ryan Vaughn

If you wish to help in one of these areas, please contact the church office at 217-223-1769 or by email at [Secretary@OurRedeemerQuincy.org](mailto:Secretary@OurRedeemerQuincy.org)

# Pastoral Report

(October 2015)

## Official Acts

Infant Baptisms  
First Communion  
Adult Confirmation  
Youth Confirmations  
Marriages  
Funerals

Cheryl Holtman  
Ken Knoernschild

November 2, 2015  
November 2, 2015

## Membership Changes

### Gains [+0B, +0C]

Infant Baptisms [+0B, +0C]

Adult Confirmations [+0B, +0C]

Youth Confirmations [+0B, +0C]

Transfers In [+0B, +0C]

Profession of Faith (from other Lutheran) [+0B, +0C]

### Losses [-0B, -0C]

Death [-0B, -0C]

Transfers Out [-3B, -3C]

Requested Removal [-0B, -0C]

### Statistical Adjustment [+/-0B, +/-0C]

| Membership | January 1, 2015 | Gains | Losses | November 30, 2015 |
|------------|-----------------|-------|--------|-------------------|
| Baptized   | 597             | +15   | -37    | 575               |
| Confirmed  | 463             | +10   | -32    | 441               |

# PUZZLE PAGE

## GOD'S LOVE

by

Bill Schlegl

Write the letter that follows each letter given to learn of God's great love for us.

---

ENQ

FNC

RN

KNUDC

SGD

---

VNQKC

SGZS

GD

FZUD

GHR

---

NMKX

ADFNSSDM

RNM

SGZS

---

VGNRNDUDQ

ADKHDUDSG

HM

GHL

---

RGNTKC

MNS

ODQHRG

ATS

GZUD

---

DUDQKZRSHMF

KHED

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(Answer found on Page 6)



## LCFS Clinical Services – January 2016

### ***Depression: the “common cold” of mental health***

Joe had been feeling blue for several weeks. His wife noticed he didn't have much energy and was waking early without being able to get back to sleep. She also observed that he wasn't eating much and seemed to be losing weight. His boss noted that Joe wasn't as productive as usual and his coworkers found him to be rather irritable. Joe confided in a friend that he'd been feeling “down.”

Joe was showing symptoms of depression, which include:

- changes in sleep patterns
- changes in eating patterns - weight loss or gain
- difficulty concentrating
- changes in mood; irritability
- lack of energy or pleasure
- sad, empty feelings
- helpless and hopeless feelings

As a first step, Joe should get a physical. An evaluation by a doctor can determine whether there is a physical basis for the symptoms. If there appears to be no physical cause, a counselor could help Joe sort out what is causing him to feel depressed. Depression is the “common cold” of mental health, with many different causes. It can stem from problems at work or in one's marriage, the death of a loved one or the transition to a new stage of life. It can also come from a lack of exercise or poor eating habits.

Through counseling, Joe can develop strategies to cope and feel better, such as:

- structure and routine
- exercise and eating healthy
- staying away from drugs and alcohol
- “self talk” - positive messages to himself

Joe could need medication to make it easier to function. After a time, the medication may no longer be necessary. Joe may also need to overcome the embarrassment he feels about his depression. But depression is not a character flaw. It is a real illness, a quite common one, and can be successfully treated.

**You and your family do not have to struggle alone. LCFS counselors help families generate hope and cope with life's challenges. Most insurance plans accepted; sliding-scale fees are available on a case-by-case basis. For more information or to schedule an appointment, contact us at [lcfs\\_info@lcfs.org](mailto:lcfs_info@lcfs.org) or 800-363-LCFS (5237).**

**Discover LCFS and the services we offer at [www.lcfs.org](http://www.lcfs.org) and [www.facebook.com/LCFSIL](https://www.facebook.com/LCFSIL).**

#### **LCFS offers counseling at the following locations:**

##### **Northern Illinois**

*Crown Point* at Immanuel Lutheran Church, Belvidere  
Grace Lutheran School, River Forest

##### **Central Illinois**

Trinity Lutheran School, Bloomington  
LCFS office, Decatur  
Christ Lutheran Church, Normal  
LCFS office, Springfield

**Southern Illinois LCFS**  
office, Belleville LCFS  
office, Mt. Vernon LCFS  
office, Sparta

**To schedule a first-time appointment,  
call 800-363-LCFS (5237) or  
visit [www.lcfs.org](http://www.lcfs.org) for additional information.**

